

Educate Yourself!

Learn from Experts!

Empower!

PARENT UNIVERSITY

CLASS SCHEDULE 2011 - 2012

7:15- 8:30 P.M

Har Shalom ECEC · 11510 Falls Road · Potomac, MD 20854

SEPTEMBER 14: BE SOCIAL! (Susan M. Abrams, M.A.,C.C.C/SLP and Randi Rosenblatt, M.A., C.C.C/SLP) Are peer playdates challenging for your child? Is your child experiencing difficulty establishing and maintaining friendships? Does your child play alone at school? Is your child a literal thinker? Can your child understand the perspective of others? While most children learn the skills of social thinking intuitively, many children have great difficulties with this process. Social thinking occurs 24/7 at home, at school and in the community. Attend this workshop to learn about a dynamic approach focusing on social learning. You will leave with strategies to help your child navigate the social world.

NOVEMBER 1: 5 PROVEN STRATEGIES FOR RAISING AN ACADEMICALLY SUCCESSFUL STUDENT (Ann Dolin M. Ed., Educational Consultant and Author) In this very popular parenting workshop, Ann Dolin, educational consultant and awarding winning author of the book, Homework Made Simple: Tips, Tools and Solutions for Stress-Free Homework, will teach parents how to implement 5 proven methods to raising an academically successful student. In this workshop you will learn how to create afterschool structure and built-in routines, how to teach your child essential study skills, as well as choosing and implementing effective rewards and consequences. In addition, parents will learn how to find the balance between helping their child too much and not enough. Full of useful tips and solutions, this workshop is a must for all parents!

JANUARY 18: HELP YOUR CHILD TO START THINKING ORGANIZED (Rhona M. Gordon, M.S., C.C.C./SLP) Join Rhona Gordon, award-winning author of the book Thinking Organized for Parents and Children and its accompanying workbook, and learn how to help your child improve executive functioning skills to better organize and manage schoolwork, homework and daily activities. This workshop will help parents understand how to help their disorganized thinkers break down common difficulties into six different areas and then create a step-by-step approach to establish new and effective strategies. You will leave this workshop with specific exercises to use tomorrow!

MARCH 5: THE HEALTHY USE OF TECHNOLOGY: SETTING LIMITS ON THE VIRTUAL WORLD (Edward Spector, Psy.D.) Technology can enhance our lives in many ways. It can make us more effective, productive and efficient. It also can entertain us and can help us connect with others. Unfortunately, when used to excess, technology can negatively impact our lives. Some individuals are unable to effectively limit their use of electronic media. The excessive use of electronic media can be an attempt to cope with significant psychological problems, such as depression, anxiety, ADHD, or social skills deficits. Dr. Spector will discuss the healthy use of technology, including video games, the Internet, and smart phones. Also to be discussed: warning signs of the compulsive use of these technologies, factors that might make one vulnerable to using technology in a compulsive way, and how to help people of all ages become savvy, educated consumers of electronic media and technology

MAY 7: SOCIAL THINKING AND SOCIAL PERCEPTION IN AUTISM SPECTRUM DISORDER (Dr. David Black, Psy.D.) Learn about the latest research in social perception and social cognition in ASD. Dr. Black will help you explore how children with autism spectrum disorders perceive, think, and interact with the social world. As parents and professionals, we will discuss how we apply the knowledge we acquire from research to better facilitate the development of social cognition in the everyday lives of our children.

ENROLLMENT FOR 2011-2012:

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| Parent Univ- (Sept. 14) | FREE |
| Parent Univ -One workshop | 30.00 |
| Parent Univ-Two workshops | 60.00 |
| Parent Univ-Three workshops | 85.00 |
| Parent Univ- Four workshops | 105.00 |
| Parent Univ. + Be Social Workshops (8) | 160.00 |

Registration is limited.

Parent University is sponsored by Early Intervention Therapists / Susan M. Abrams M.A. CCC-SLP and Har Shalom Early Childhood Education Center

REGISTRATION FOR 2011-2012:

Fill out the registration form below and mail it in, OR register and pay online at www.parentuniv.org

Name _____

Address _____

Email _____

Phone _____

I AM REGISTERING FOR: September 14 November 1 January 18
 March 5 May 7

INCLEMENT WEATHER POLICY: We reserve the right to cancel a class in case of inclement weather. You may contact the office on day of class for any updates. 301-468-9343 ext 2

CANCELLATION POLICY: If you are unable to attend a class and have provided a minimum of 48 hours notice, then you will be able to apply the fee to a different class. No refunds will be given.

Please register early as seating is limited. Make checks payable to Susan M. Abrams. Mail completed registration forms to Susan Abrams, 6208 Montrose Road, Rockville, Maryland 20852, Attn: Workshops

Social thinking is based on the work of Michelle Garcia Winner M.A.,CCC-SLP